



# RHEMI NATION CHURCH

## FAST 2023 DAY 3

**2023 The Year of Expansion, Fruitfulness and Acceleration.**  
**Isaiah 54:1-3, Amos 9:13, Joel 2:23**

God wants us to enjoy the blessings he gives to us. IN GOOD HEALTH and Peace.

**3 John 1:2** Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.

### **DAY 3 FOCUS**

GOOD PHYSICAL & MENTAL HEALTH & HEALING  
THROUGH THE RESTORATIVE POWER OF THE HOLY SPIRIT

#### **Romans 8:11**

He that raised up Christ from the dead  
shall also quicken your mortal bodies by **His Spirit** that lives in you

**Isaiah 53:4** “Surely he took up our pain and bore our suffering, yet we considered him punished by God, stricken by him, and afflicted.”

#### **Isaiah 53:5**

“But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed

**Exodus 15:26** “And said, If thou wilt diligently hearken to the voice of the Lord thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I am the Lord that healeth thee.

### **WORD FOR THE DAY**

- The Lord said you will ENLARGE & STRETCH in good health.
- I For I am taking you places and sickness will not slow you down from the places I am taking you.
- Sickness will not slow down the way I am blessings you.
- You get up in expectation to arrive on time. RAISE YOUR EXPECTATION!
- Nothing will stop you. Not even your body.
- For the enemy desires that you get comfortable in your infirmity. But the Devil is a liar!
- God said I am releasing Miracles on this Fast and you are the next candidate. You are next in line for a miracle. They will manifest without limits.
- God says I am building your health for you to ENJOY the blessings I give you.
- You shall live IN GOOD HEALTH.
- The blessings and anointing on your life will reflect in your health